

GVH Results - 2011

Pednor 10M 31st December

Pos.	Name	Cat	Cat Position	Time
28	Steve Newing	M		1:14:12
52	Andy Norton	M40		1:21:12
53	Krim Saidi	M40		1:21:18
76	Susie Ivin	F		1:26:42
83	Paul Heskin	M40		1:29:50
99	Claire Tookey	F		1:35:10

Black Park 5K 31st December

Pos.	Name	Cat	Cat Position	Time
4	Guy Woollett	M40		18:35
5	Tom North	M40		19:01
8	Vince Ellerby	M40		19:28

Warminster Plain Crazy 11M 27th December

Pos.	Name	Cat	Cat Position	Time
136	Susie Ivin	F		1:42:02

Black Park 5K 24th December

Pos.	Name	Cat	Cat Position	Time
2	Tom North	M40		18:51 pb
3	Vince Ellerby	M40		19:03
4	Johnny Broom	M40		19:58
6	Andy Norton	M40		21:11
19	Chris Billinghamurst	M		25:15

Black Park 5K 17th December

Pos.	Name	Cat	Cat Position	Time
2	Vince Ellerby	M40		19:24
7	Steve Boyd	M40		19:51
11	Johnny Broom	M40		20:21
14	Andy Norton	M40		20:37
22	Steve Newing	M40		20:59
41	Krim Saidi	M40		22:16

Black Park 5K 10th December

Pos.	Name	Cat	Cat Position	Time
2	Guy Woollett	M40		17:45
3	Tom North	M40		19:06
4	Vince Ellerby	M40		19:41
6	Johnny Broom	M40		19:49
11	Steve Boyd	M40		20:19
19	Andy Norton	M40		20:59

Chiltern League Division 1 (St Albans) 3rd December
GVH Overall: 13th (14th after 3 matches)

Pos.	Name	Cat	Cat Position	Time
25	Teresa English	F35	7	28:34
31	Claire McDonnell	F35	9	29:15
56	Anita Berwick	F35	15	31:47
67	Paula Cook	F45	19	33:13
76	Jacki Eskdale	F45	23	35:50
88	Claire Terry	F	34	48:34

Women's Seniors: 9th Women's Vets: 4th

Pos.	Name	Cat	Cat Position	Time
39	Guy Woollett	M40	8	35:14
62	Rich Coles	M	30	37:06
88	Bill Brimacombe	M	42	39:02
95	Tom North	M40	25	39:24
97	Jon Roberts	M	44	39:31
114	Billy Hawes	M40	33	41:08
126	Johnny Broom	M40	37	41:44
145	Steve Newing	M	61	42:52
146	Andy Norton	M40	44	43:01
160	Nick Crowther	M	65	44:40
161	Krim Saidi	M40	52	45:14
178	Andy Bishop	M	68	48:25
180	Andy Newing	M40	56	48:45
185	Paul Cook	M60	13	49:43

Men's Seniors: 12th Men's Vets: 9th

Grim Challenge 9M 3rd December

Pos.	Name	Cat	Cat Position	Time
463	Mark Bird	M		1:14:36
2163	Meg Brooks	F		1:45:09

2164	Jenny Barnett	F		1:45:09
2167	Andy Terry	M		1:45:15
2168	Helen Terry	F		1:45:15

Black Park 5K 3rd December

Pos.	Name	Cat	Cat Position	Time
6	Vince Ellerby	M40		19:35

Black Park 5K 26th November

Pos.	Name	Cat	Cat Position	Time
7	Vince Ellerby	M40		19:09
21	Johnny Broom	M40		20:02
41	Andy Norton	M40		21:28
67	Krim Saidi	M40		22:24

Herberts Hole 10K 20th November

Pos.	Name	Cat	Cat Position	Time
3	Guy Woollett	M40	2	39:18
36	Susie Ivin	F	10	56:52
192	Graham Hilsden	M40		1:00:06

Gosport Half Marathon 20th November

Pos.	Name	Cat	Cat Position	Time
715	Andy Newing	M40	81	1:50:39

Dirt Half Marathon 19th November

GVH: 3rd (Nick, Teresa, Martin, Andy, Anita)

Pos.	Name	Cat	Cat Position	Time
69	Nick Crowther	M	35	1:39:05
71	Teresa English	F35	2	1:39:31
140	Martin Storrie	M50	11	1:47:42
186	Andy Bishop	M	73	1:52:30
195	Anita Berwick	F35	9	1:53:09
203	Susie Ivin	F	23	1:53:27
302	Sally Pinnock	F35	23	2:02:29
345	Cat Reece	F	53	2:06:46
403	Wendy Hudson	F45	22	2:17:38
404	Andy Terry	M	130	2:17:49
405	Helen Terry	F	71	2:17:50
411	Chris Billinghamurst	M	131	2:19:49
446	Jan Hudson	F45	32	2:46:49

Black Park 5K 19th November

Pos.	Name	Cat	Cat Position	Time
7th	Vince Ellerby	M40		19:17
16th	Tom North	M40		20:13

Chiltern League Division 1 (Watford) 12th November**GVH Overall: 14th (14th after 2 matches)**

Pos.	Name	Cat	Cat Position	Time
28	Teresa English	F35	6	29:51
31	Vicky Crawley	F	20	30:22
35	Claire McDonnell	F35	9	31:09
61	Susie Ivin	F	31	33:33
77	Anita Berwick	F35	21	34:58
88	Jacki Eskdale	F45	24	37:59

Women's Seniors: 8th Women's Vets: 5th

Pos.	Name	Cat	Cat Position	Time
48	Guy Woollett	M40	9	36:19
67	Rich Coles	M	36	37:33
89	Bill Brimacombe	M	43	39:07
105	Jon Roberts	M	47	39:57
137	Tom North	M40	39	41:42
155	Dylan Wendleken	M	64	42:50
168	Andy Norton	M40	51	43:43
176	Johnny Broom	M40	53	44:15
183	Steve Newing	M	77	44:30
184	Nick Crowther	M	78	44:33
189	Stuart Linden	M	79	45:17
205	Martin Storrie	M50	33	46:30
208	Krim Saidi	M40	67	46:51
220	Andy Bishop	M	81	49:01
230	Paul Cook	M60	15	50:31
232	Andy Newing	M40	75	51:25

Men's Seniors: 14th Men's Vets: 13th

Black Park 5K 12th November

Pos.	Name	Cat	Cat Position	Time
5th	Vince Ellerby	M40		19:19

Black Park 5K 5th November

Pos.	Name	Cat	Cat Position	Time
11th	Vince Ellerby	M40		19:11
24th	Steve Boyd	M40		20:11
40th	Andy Norton	M40		21:21
62nd	Krim Saidi	M40		22:35

Dublin Marathon 31st October

Pos.	Name	Cat	Cat Position	Time
557	Steve Boyd	M40	92	03:11:40

Ricky Road Run 30th October

GVH Men: 1st (Guy, Rich, Vince)
GVH Women: 1st (Teresa, Vicky, Claire)

Pos.	Name	Cat	Cat Position	Time
5	Guy Woollett	M40	3	57:28
7	Rich Coles	M40	4	59:22
11	Vince Ellerby	M40	4	1:00:56
38	Johnny Broom	M40	15	1:07:46
41	Teresa English	F35	1	1:08:02
43	Martin Alexander	M50		1:08:09
46	Vicky Crawley	F	4	1:08:18
72	Claire McDonnell	F35	4	1:11:38
109	Deon Percival	M		1:15:41
112	Martin Storrie	M50	17	1:15:55
124	Anita Berwick	F35		1:17:20
154	Paula Cook	F45		1:19:40
199	Graham Hilsden	M40		1:25:02
227	Jacki Eskdale	F45		1:28:49
253	Wendy Hudson	F45		1:32:26
271	David Jones	M40		1:35:56
316	Jan Hudson	F45		1:57:25

Great South Run 10M 30th October

Pos.	Name	Cat	Cat Position	Time
894	Tom North	M40	129	1:13:32 pb
1762	Mark Bird	M	326	01:18:05

Great Whernside Fell Race (4.2M) 30th October

Pos.	Name	Cat	Cat Position	Time
135	Simon Bright	M40		47:43:00

Black Park 5K 29th October

Pos.	Name	Cat	Cat Position	Time
34	Andy Norton	M40		21:12
56	Krim Saidi	M40		22:17

Black Park 5K 22nd October

Pos.	Name	Cat	Cat Position	Time
3	Guy Woollett	M40		17:48
9	Vince Ellerby	M45		18:53

Leigh-On-Sea 10K 16th October

Pos.	Name	Cat	Cat Position	Time
6	James Smith	M	6	36:42:00

Ware 10M 16th October

Pos.	Name	Cat	Cat Position	Time
36	Steve Newing	M	18	01:10:33

Black Park 5K 15th October

Pos.	Name	Cat	Cat Position	Time
4	Vince Ellerby	M45		18:49
30	Andy Norton	M40		21:06
42	Krim Saidi	M40		21:35 pb

Ridgeway Run 9th October**GVH Men: 4th (Guy, Steve B, Ed)****GVH Women: 4th (Teresa, Vicky, Claire M)**

Pos.	Name	Cat	Cat Position	Time
4	Guy Woollett	M40	2	01:02:57

12	Steve Boyd	M40	6	01:04:29
30	Ed Price	M		01:08:53
94	Teresa English	F35	5	01:16:24
123	Vicky Crawley	F		01:18:45
143	Claire McDonnell	F35		01:20:02
174	Martin Storrie	M50		01:22:17
189	Deon Percival	M		01:22:59
221	Susie Ivin	F		01:25:07
496	Tina Searle	F45		01:51:02

Herts 10K 9th October

Pos.	Name	Cat	Cat Position	Time
344	Andy Bishop	M		47:52:00
1054	Richard Dempsey	M40		57:21:00
1218	Natalie Black	F		59:31:00
1461	Jenny Barnett	F60	7	01:03:46
1496	Meg Brooks	F40		01:04:33

Chiltern League Division 1 (Luton) 8th October

GVH Overall: 14th (14th after 1 match)

Pos.	Name	Cat	Cat Position	Time
22	Vicky Crawley	F	16	24:39:00
24	Teresa English	F35	4	25:22:00
36	Claire McDonnell	F35	6	26:42:00
43	Susie Ivin	F	26	27:29:00
56	Anita Berwick	F35	12	28:29:00
66	Paula Cook	F45	15	29:22:00
80	Jacki Eskdale	F45	22	31:55:00
82	Natalie Black	F	36	33:03:00

Women's Seniors: 7th Women's Vets: 4th

Pos.	Name	Cat	Cat Position	Time
56	Guy Woollett	M40	6	32:34:00
77	Steve Boyd	M40	12	33:38:00
90	Rich Coles	M	45	34:33:00
112	Jon Roberts	M	52	35:50:00
116	Bill Brimacombe	M	54	36:07:00
139	Johnny Broom	M40	36	37:45:00
146	Simon Bright	M40	38	38:20:00

147	Tom North	M40	39	38:23:00
175	Andy Norton	M40	49	40:31:00
182	Martin Storrie	M50	29	41:23:00
184	Krim Saidi	M40	54	41:31:00

Men's Seniors: 13th Men's Vets: 8th

Black Park 5K 8th October

Pos.	Name	Cat	Cat Position	Time
4	Vince Ellerby	M45		18:52

Bedford Traktors Sprint Triathlon 2nd October

Pos.	Name	Cat	Cat Position	Time	400m Swim
159	Mark Bird	M35	22	01:24:32	08:12
218	Andy Newing	M45	29	01:31:52	11:45
230	Susie Ivin	F30	8	01:33:19	09:23

South Bucks 10K 2nd October

Pos.	Name	Cat	Cat Position	Time
72	Andy Norton	M40	23	47:12:00
73	Krim Saidi	M40	24	47:16:00

Black Park 5K 1st October

Pos.	Name	Cat	Cat Position	Time
11	Vince Ellerby	M45		19:27
13	Johnny Broom	M40		19:34 pb

Welwyn 10M 25th September

Guy Woollett: Herts 10M Championship Winner

Pos.	Name	Cat	Cat Position	Time
11	Guy Woollett	M40	2	59:58
26	Ed Price	M	15	1:05:19 pb
33	Vince Ellerby	M40	12	1:06:34
135	Andy Newing	M40	46	1:22:49

Black Park 5K 17th September

Pos.	Name	Cat	Cat Position	Time
8	Vince Ellerby	M45		18:57
49	Andy Norton	M40		22:45

Nottingham Marathon 11th September

Pos.	Name	Cat	Cat Position	Time
260	Steve Newing	M		03:40:51
596	Andy Newing	M45		04:05:02
635	Neil Parkins	M		04:07:58
669	Martin Storrie	M50		04:10:27
739	Paula Cook	F45		04:15:27
777	Susie Ivin	F		04:18:48

Nottingham Half Marathon 11th September

Pos.	Name	Cat	Cat Position	Time
571	Vicky Crawley	F		01:42:17
1138	Deon Percival	M		01:50:01
1955	Anita Berwick	F35		01:58:13
4755	Mark Flashman	M40		02:30:13
4926	Jan Hudson	F45		02:36:55
5246	Claire Terry	F		02:48:29
5326	Naomi Parkins	F		02:54:45

Black Park 5K 27th August

Pos.	Name	Cat	Cat Position	Time
7	Vince Ellerby	M45		19:18

Mersea Island Lions 10M 28th August

Pos.	Name	Cat	Cat Position	Time
5	James Smith	M	3	1:00:53 pb

Black Park 5K 27th August

Pos.	Name	Cat	Cat Position	Time
10	Vince Ellerby	M45		19:04

Black Park 5K 20th August

Pos.	Name	Cat	Cat Position	Time
6	Vince Ellerby	M45		19:13

Black Park 5K 13th August

Pos.	Name	Cat	Cat Position	Time
8	Vince Ellerby	M45		19:24

Bearbrook 10K 14th August**GVH Women: 4t (Teresa, Vicky, Claire M and Clare T)**

Pos.	Name	Cat	Cat Position	Time
18	Guy Woollett	M40		36:48:00
101	Steve Newing	M		42:39:00
104	Johnny Broom	M40		42:51:00
124	Teresa English	F35		43:41:00
146	Vicky Crawley	F		44:27:00
147	Simon Bright	M40		44:34:00
160	Claire McDonnell	F35		45:31:00
229	Martin Storrie	M50		48:22:00
238	Andy Norton	M40		48:47:00
409	Clare Tookey	F35		58:26:00
490	Jan Hudson	F45		01:10:28
493	Claire Terry	F		01:13:36

Black Park 5K 8th August

Pos.	Name	Cat	Cat Position	Time
13	Vince Ellerby	M45		19:11

London Triathlon (Sprint) 30th July

Pos.	Name	Cat	Cat Position	Time	750m Swim
163	Susie Ivin	F		01:41:10	22:59

Dorney Dash 10K 30th July

Pos.	Name	Cat	Cat Position	Time
14	James Smith	M	11	36:04 pb

Black Park 5K 23rd July

Pos.	Name	Cat	Cat Position	Time
5	Vince Ellerby	M45		18:56

Waddesdon Manor 5K 20th July

Pos.	Name	Cat	Cat Position	Time
80	Steve Newing	M		21:01
94	Martin Storrie	M50	8	21:58
147	Chris Billinghamurst	M		24:48:00
181	Jacki Eskdale	F50	7	27:00:00
187	Wendy Hudson	F40		27:51:00
221	Jan Hudson	F45		33:36:00
222	Tina Searle	F50		33:54:00

Bath Olympic Triathlon 17th July

Pos.	Name	Cat	Cat Position	Time	1500m Swim
126	Susie Ivin	F	7	03:19:11	35:56:00

Brentwood 10K 17th July

Pos.	Name	Cat	Cat Position	Time
33	James Smith	M	20	37:32:00

Wycombe Half Marathon 17th July

Pos.	Name	Cat	Cat Position	Time
115	Johnny Broom	M40	36	01:37:22
332	Martin Storrie	M50	43	01:49:09

Wycombe 10K 17th July

Pos.	Name	Cat	Cat Position	Time
350	Jan Hudson	F40	41	01:14:54

Bushy Park 5K 16th July

Pos.	Name	Cat	Cat Position	Time
11	Steve Boyd	M40		18:27

Black Park 5K 16th July

Pos.	Name	Cat	Cat Position	Time
13	Vince Ellerby	M45		19:04

Orion Forest 5M 2nd July

Pos.	Name	Cat	Cat Position	Time
8	James Smith	M45		30:20:00

Black Park 5K 2nd July

Pos.	Name	Cat	Cat Position	Time
11	Vince Ellerby	M45		19:09

Black Park 5K 25th June

Pos.	Name	Cat	Cat Position	Time
4	Vince Ellerby	M45		18:58

Black Park 5K 18th June

Pos.	Name	Cat	Cat Position	Time
5	Vince Ellerby	M45		19:05

St Albans Half Marathon 12th June

Pos.	Name	Cat	Cat Position	Time
23	James Smith	M	16	01:21:30

Springfield Striders 5M 9th June

Pos.	Name	Cat	Cat Position	Time
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11 James Smith M 29:19 pb

Hawridge International Duathlon 7th June

Pos.	Name	Cat	Cat Position	Time	2.5M Run
2	Guy Woollett	M40	1	01:02:50	13:45
4	Vince Ellerby	M40	3	01:04:36	15:00
10	Martin Alexander	M50	1	01:07:18	15:43

Black Park 5K 4th June

Pos.	Name	Cat	Cat Position	Time
3	Rich Coles	M35		18:10
10	Vince Ellerby	M45		19:22

Hatfield Broadoak 10K 31st May GVH Men: 4th (Guy, James, Ed and Bill)

Pos.	Name	Cat	Cat Position	Time
34	Guy Woollett	M40	11	37:11:00
41	James Smith	M	26	37:37:00
47	Ed Price	M	29	38:06:00
51	Bill Hawes	M40	21	38:24:00
75	Vince Ellerby	M40	31	39:32:00
249	Johnny Broom	M40		45:22:00

Black Park 5K 28th May

Pos.	Name	Cat	Cat Position	Time
6	Vince Ellerby	M45		19:05

Edinburgh Marathon 22nd May

Pos.	Name	Cat	Cat Position	Time
1656	Steve Boyd	M40		03:36:07
4970	Cat Reece	F		4:14:07 pb
8596	Peter Tucker	M50		05:16:33

Bedford Traktors Sprint Triathlon 22nd May

Pos.	Name	Cat	Cat Position	Time	400m Swim
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65 Mark Bird M 01:23:37 08:26

Wheathampstead 10K 22nd May

Pos.	Name	Cat	Cat Position	Time
29	Martin Alexander	M50	4	41:56:00
209	Susie Ivin	F	10	49:46 pb
239	Andy Newing	M40	65	50:54:00
387	Clare Tookey	F	28	55:43:00

Great Baddow 10M 22nd May

Pos.	Name	Cat	Cat Position	Time
11	James Smith	M	8	1:01:18 pb

Black Park 5K 21st May

Pos.	Name	Cat	Cat Position	Time
11	Vince Ellerby	M45		19:24
47	Andy Norton	M40		21:43

Prestwood 10K 15th May

Pos.	Name	Cat	Cat Position	Time
3	Steve Boyd	M40	2	37:55:00

Udder Marathon (10K) 15th May

Pos.	Name	Cat	Cat Position	Time
2	Simon Bright	M40		42:26:00

Black Park 5K 14th May

Pos.	Name	Cat	Cat Position	Time
8	Vince Ellerby	M45		19:00

Springfield Striders 5K 12th May

Pos.	Name	Cat	Cat Position	Time
2	James Smith	M		17:31 pb

Stratford Marathon 8th May

Pos.	Name	Cat	Cat Position	Time
518	Neil Parkins	M		4:00:28 pb
611	Anita Berwick	F35	35	4:10:38 pb
946	Brian Hunt	M55	55	4:55:17 pb

Halstead Marathon 8th May

Pos.	Name	Cat	Cat Position	Time
61	Teresa English	F35	2	03:26:31

Watford 10K 2nd May

Pos.	Name	Cat	Cat Position	Time
38	Andy Norton	M40	16	41:07:00
442	Alex Dean	M40		56:18:00
458	Richard Dempsey	M40		56:35:00
518	Mark Bird	M		58:06:00
519	Natalie Black	F35	73	58:06 pb

Pednor 5M 2nd May

Pos.	Name	Cat	Cat Position	Time
46	Steve Newing	M	19	34:33:00
115	Andy Newing	M40	31	39:50:00
135	Susie Ivin	F	11	42:00:00
198	Claire Terry	F	27	01:04:05

Pednor Challenge 2nd May

Pos.	Name	Cat	Cat Position	Time	5M Walk
2	Andy Newing	M	2	01:36:16	56:26:00

Wickham Wanderers 7.5M Trail 2nd May

Pos.	Name	Cat	Cat Position	Time
4	James Smith	M		59:13:00

Black Park 5K 30th April

Pos.	Name	Cat	Cat Position	Time
4	Vince Ellerby	M45		19:13
7	Andy Norton	M40		19:33
11	Johnny Broom	M40		19:51 pb

Black Park 5K 29th April

Pos.	Name	Cat	Cat Position	Time
5	Vince Ellerby	M45		19:11
9	Andy Norton	M40		19:27

Bedford Traktors Sprint Triathlon 24th April

Pos.	Name	Cat	Cat Position	Time	400m Swim
102	Mark Bird	M		01:24:27	09:09

Stiles R Us (7M Trail) 24th April

Pos.	Name	Cat	Cat Position	Time
4	James Smith	M		50:47:00

Black Park 5K 23rd April

Pos.	Name	Cat	Cat Position	Time
5	Vince Ellerby	M45		19:10
17	Andy Norton	M40		20:10

London Marathon 17th April

Pos.	Name	Cat	Cat Position	Time
739	James Smith	M	449	2:55:54 pb
2101	Andy Norton	M40	434	03:13:32
2340	Steve Boyd	M40	537	03:18:31
5860	Steve Newing	M	2539	03:43:13
8294	Martin Storrie	M50	548	03:55:59
9903	Paula Cook	F45	252	4:02:47 pb
13117	Chris Billinghamurst	M	5499	4:17:21 pb
15670	Dave Larsen	M	6418	4:27:30 pb
16969	Steve Pinnock	M40	2374	4:32:24 pb

21940	Natalie Black	F	3771	4:53:10 pb
24152	Wendy Hudson	F40	1186	05:03:25
27098	Peter Tucker	M55	707	05:20:11
29246	Nicci Hawes	F	5807	05:34:49

Black Park 5K 16th April

Pos.	Name	Cat	Cat Position	Time
5	Vince Ellerby	M45		18:55

Brighton Marathon 10th April

Pos.	Name	Cat	Cat Position	Time
1879	Sarah Stilwell	F		3:58:27 pb
2188	Mark Bird	M		04:06:08

Edinburgh Half Marathon 10th April

Pos.	Name	Cat	Cat Position	Time
1017	Sam Tucker	F	111	1:52:07 pb

Parley Bun Run 10K 10th April

Pos.	Name	Cat	Cat Position	Time
5	Tom North	M40		40:00 pb

Flitwick 10K 10th April

Pos.	Name	Cat	Cat Position	Time
66	Martin Alexander	M50	8	40:34:00
143	Simon Bright	M40	46	44:03:00
200	Claire McDonnell	F35	7	45:52:00
571	Clare Tookey	F		56:42:00

Black Park 5K 9th April

Pos.	Name	Cat	Cat Position	Time
20	Andy Norton	M40		18:54

Sussex Marathon 3rd April

Pos.	Name	Cat	Cat Position	Time
56	Vicky Crawley	F	1	3:42:10 pb
251	Alex Bayliss	F40	9	4:48:14 pb

Sandy 10M 3rd April

Pos.	Name	Cat	Cat Position	Time
56	Martin Alexander	M50	10	01:07:02
141	Claire McDonnell	F35	15	01:15:22

Black Park 5K 2nd April

Pos.	Name	Cat	Cat Position	Time
4	Vince Ellerby	M45		18:58

Springfield 5K (Time Trial) 30th March

Pos.	Name	Cat	Cat Position	Time
2	James Smith	M		17:54 pb

Black Park 5K 26th March

Pos.	Name	Cat	Cat Position	Time
6	Vince Ellerby	M45		19:07

Herts Vets' XC Champs (Watford - 5.3M) 20th March**GVH Men: 1st (Guy, Vince, Andy and Tom)**

Pos.	Name	Cat	Cat Position	Time
2	Guy Woollett	M40	2	35:59
12	Vince Ellerby	M40	11	39:30
14	Andy Norton	M40	12	40:08
17	Tom North	M40	15	40:31

Orion 15M (off-road) 20th March

Pos.	Name	Cat	Cat Position	Time
10	James Smith	M	7	1:41:52

Finchley 20M 20th March

Pos.	Name	Cat	Cat Position	Time
11	Steve Boyd	M40	5	1:43:24

Black Park 5K 19th March

Pos.	Name	Cat	Cat Position	Time
3	Vince Ellerby	M45		19:03
6	Andy Norton	M40		19:21

The Grizzly (20M off-road) 13th March

Pos.	Name	Cat	Cat Position	Time
243	Steve Newing	M	76	03:32:03
343	Vicky Crawley	F	20	03:42:06
444	Mark Bird	M	141	03:49:42
515	Claire McDonnell	F40	12	03:54:05
552	Neil Parkins	M	164	03:56:51
615	Deon Percival	M	176	04:01:43
759	Andy Newing	M40	141	04:12:49
797	Chris Billingham	M	217	04:14:55
1222	Paula Cook	F45	55	04:48:14
1252	Sandra Mogan	F45	61	04:51:15
1387	Alex Bayliss	F40	53	05:00:38
1405	Natalie Black	F	113	05:02:05
1504	Tina Searle	F50	41	05:14:51

The Grizzly Cub (8.5M off-road) 13th March

Pos.	Name	Cat	Cat Position	Time
29	Simon Bright	M45	6	01:21:01
125	Susie Ivin	F	29	01:39:15
269	Jenny Barnett	F60	5	01:58:14
279	Meg Brooks	F40	32	01:58:55
318	Claire Terry	F	68	02:12:12
319	Lynne Mosley	F50	23	02:12:15

Finchley 20M 13th March

Pos.	Name	Cat	Cat Position	Time
59	Steve Boyd	M40		02:14:45

Black Park 5K 12th March

Pos.	Name	Cat	Cat Position	Time
1	Guy Woollett	M40		17:36 pb
11	Vince Ellerby	M45		19:11

Milton Keynes Park 5K 12th March

Pos.	Name	Cat	Cat Position	Time
4	Steve Boyd	M40		18:09
9	Andy Norton	M40		19:17

Essex 20M Road Race Championship 6th March

Pos.	Name	Cat	Cat Position	Time
25	James Smith	M	16	2:05:32 pb

Berkhamsted Half Marathon 6th March GVH Men: 2nd (Guy, Bill, Steve and Vince)

Pos.	Name	Cat	Cat Position	Time
9	Guy Woollett	M40	22	01:17:43
11	Bill Brimacombe	M	10	01:20:08
12	Steve Boyd	M40	2	01:20:30
32	Vince Ellerby	M45	1	01:24:01
35	Ed Price	M		01:24:27
43	Bill Hawes	M40	7	01:25:36
79	Tom North	M40		01:29:26
85	Steve Newing	M		1:29:48 pb
99	Martin Alexander	M55	2	01:30:24
126	Andy Norton	M40		01:32:14
142	Vicky Crawley	F	6	1:33:02 pb
206	Mark Bird	M		1:36:52 pb
228	Claire McDonnell	F35	7	01:37:38
257	Neil Parkins	M		01:38:47
383	Martin Storrie	M50		01:43:09
422	Andy Newing	M40		01:45:03
478	Paula Cook	F45		1:46:27 pb
825	Sandra Mogan	F45		01:57:22

978	Wendy Hudson	F45	02:04:34
1042	Helen Terry	F	02:09:37
1043	Natalie Black	F	2:09:39 pb
1075	Brian Hunt	M55	02:12:39
1148	Tina Searle	F50	02:19:37
1184	Jan Hudson	F45	02:26:58
1199	Claire Terry	F	02:38:40

Berkhamsted 5M 6th March

Pos.	Name	Cat	Cat Position	Time
39	Simon Bright	M45	1	36:59:00
130	Susie Ivin	F		43:02:00
132	Richard Dempsey	M		43:03:00
188	Clare Tookey	F		45:59:00
232	Sarah Robertson	F		47:51:00
244	Meg Brooks	F35		48:20:00
259	Jenny Barnett	F55		49:13:00
322	Lynne Mosley	F50		53:23:00

Silverstone Half M 6th March

Pos.	Name	Cat	Cat Position	Time
227	Johnny Broom	M40	22	1:31:04 pb

Hardwick X-Stream (6M off-road) 20th February

Pos.	Name	Cat	Cat Position	Time
36	Tom North	M40	12	43:59:00
67	Mark Bird	M		47:47:00
230	Chris Billingham	M		01:02:50
301	Jenny Barnett	F55		01:17:33
302	Meg Brooks	F35		01:19:34

Bramley 20M 20th February

Pos.	Name	Cat	Cat Position	Time
235	Steve Newing	M		2:25:27 pb
275	Vicky Crawley	F		2:27:46 pb
281	Teresa English	F35		02:28:08

Black Park 5K 19th February

Pos.	Name	Cat	Cat Position	Time
10	Vince Ellerby	M45		19:46

Black Park 5K 19th February

Pos.	Name	Cat	Cat Position	Time
10	Andy Norton	M40		20:01
12	Vince Ellerby	M45		20:28
78	Steve Roffe	M45		25:36:00

Chiltern League Division 1 (Wing) 12th February**GVH Overall: 10th (12th after 5 matches)**

Pos.	Name	Cat	Cat Position	Time
23	Vicky Crawley	F	16	27:44:00
28	Teresa English	F35	5	28:45:00
29	Claire McDonnell	F35	6	28:49:00
57	Paula Cook	F45	14	33:39:00
69	Jacki Eskdale	F45	20	36:31:00
77	Sarah Robertson	F	34	43:57:00

Women Seniors: 8th Women Vets: 5th

Pos.	Name	Cat	Cat Position	Time
36	Guy Woollett	M40	9	37:18:00
46	James Smith	M	28	38:04:00
49	Steve Boyd	M40	13	38:27:00
51	Bill Brimacombe	M	31	38:55:00
72	Ed Price	M	39	40:52:00
89	Bill Hawes	M40	30	42:04:00
91	Andy Norton	M40	31	42:06:00
97	Johnny Broom	M40	33	43:15:00
112	Steve Newing	M	52	44:35:00
113	Tom North	M40	39	44:38:00
123	Mark Bird	M	56	46:38:00
128	Martin Storrie	M50	17	47:32:00
129	Neil Parkins	M	59	47:41:00
142	Steve Roffe	M40	50	50:35:00
147	Andy Newing	M40	52	51:29:00
152	Chris Billinghamurst	M	62	53:42:00

159 Brian Hunt M50 29 59:30:00

Men's Seniors: 9th Men's Vets: 6th

Black Park 5K 12th February

Pos.	Name	Cat	Cat Position	Time
6	Vince Ellerby	M45		19:14

Great Bentley Half Marathon 6th February

Pos.	Name	Cat	Cat Position	Time
25	James Smith	M	14	01:22:18

Southport Mad Dog 10K 6th February

Pos.	Name	Cat	Cat Position	Time
40	Andy Norton	M40	12	44:18:00

Blackmore Vale Half Marathon 6th February

Pos.	Name	Cat	Cat Position	Time
268	Chris Billingham	M		1:51:38 pb

Watford Half Marathon 6th February

GVH Women: 3rd

Pos.	Name	Cat	Cat Position	Time
29	Guy Woollett	M40	3	01:19:05
113	Vince Ellerby	M40	16	01:26:46
222	Steve Newing	M		01:31:00
312	Teresa English	F35	10	1:34:12 pb
326	Johnny Broom	M40	84	1:34:24 pb
329	Vicky Crawley	F		1:34:36 pb
438	Mark Bird	M		1:37:56 pb
468	Claire McDonnell	F35	16	01:38:39
778	Deon Percival	M		01:45:11
859	Martin Storrie	M50	64	01:47:34
918	Paula Cook	F45	29	1:48:52 pb
940	Andy Newing	M40		01:49:11
1095	Anita Berwick	F35		1:52:27 pb

1163	Dave Larsen	M		01:53:27
1291	Sarah Stilwell	F		01:56:28
1292	Steve Pinnock	M		01:56:29
1599	Clare Tookey	F		2:05:07 pb
1602	Brian Hunt	M50		02:05:30
1610	Wendy Hudson	F35		02:05:32
1618	Alex Bayliss	F35		2:06:04 pb
1661	Tina Searle	F45		02:07:37
1913	Peter Tucker	M50		02:22:40
1965	Joanne Parker	F45		02:38:08

Black Park 5K 5th February

Pos.	Name	Cat	Cat Position	Time
74	Steve Roffe	M45		24:42:00

Black Park 5K 29th January

Pos.	Name	Cat	Cat Position	Time
7	Vince Ellerby	M45		19:19

SEAA Cross Country Championships 29th January

Pos.	Name	Cat	Cat Position	Time
291	James Smith	M		01:01:17
298	Guy Woollett	M40		01:01:31
370	Bill Brimacombe	M		01:03:46
480	Ed Price	M		01:06:52
654	Johnny Broom	M40		01:12:33
688	Mark Bird	M		01:14:04
703	Andy Norton	M40		01:14:33
753	Martin Storrie	M50		01:17:20
777	Neil Parkins	M		01:19:00
867	Steve Roffe	M40		01:33:41

Fred Hughes 10M 23rd January

Pos.	Name	Cat	Cat Position	Time
15	Guy Woollett	M40		01:00.4
16	Steve Boyd	M40		1:01:02 pb
86	Johnny Broom	M40		1:09:44 pb
87	Steve Newing	M		01:09:47

144	Mark Bird	M		01:13:24
243	Neil Parkins	M		01:18:24
393	Steve Roffe	M40		01:25:15
548	Brian Hunt	M50		01:32:42
578	Clare Tookey	F		01:35:16
648	Tina Searle	F45		01:42:21

Benfleet 15M (off-road) 23rd January

Pos.	Name	Cat	Cat Position	Time
20	James Smith	M	17	01:38:53

Black Park 5K 22nd January

Pos.	Name	Cat	Cat Position	Time
7	Vince Ellerby	M45		19:24
12	Johnny Broom	M40		19:54 pb
13	Andy Norton	M40		19:58

Wellingborough 15K (Trail) 16th January

Pos.	Name	Cat	Cat Position	Time
70	Andy Newing	M40	21	01:17:46

Wellingborough 10K (Trail) 16th January

Pos.	Name	Cat	Cat Position	Time
107	Susie Ivin	F	18	54:08:00

Chiltern League Division 1 (Luton) 15th January

GVH Overall: 11th (12th after 4 matches)

Pos.	Name	Cat	Cat Position	Time
17	Vicky Crawley	F	12	24:35:00
25	Teresa English	F35	5	25:14:00
29	Claire McDonnell	F35	8	25:48:00
59	Paula Cook	F45	17	30:01:00
66	Susie Ivin	F	31	31:29:00
71	Jacki Eskdale	F45	21	32:26:00
75	Tina Searle	F45	24	33:32:00
82	Claire Terry	F	35	42:58:00

Women Seniors: 6th Women Vets: 4th

Pos.	Name	Cat	Cat Position	Time
55	Guy Woollett	M40	12	33:39:00
60	James Smith	M	34	34:38:00
62	Bill Brimacombe	M	35	34:43:00
65	Steve Boyd	M40	14	34:57:00
94	Bill Hawes	M40	27	36:45:00
99	Ed Price	M	51	36:58:00
134	Andy Norton	M40	40	39:39:00
137	Johnny Broom	M40	42	40:00:00
140	Steve Newing	M	61	40:11:00
143	Mark Bird	M	62	40:54:00
154	Steve Roffe	M40	50	42:39:00
160	Neil Parkins	M	68	43:03:00
171	Andy Newing	M40	56	45:11:00
179	Chris Billinghamurst	M	69	47:42:00
184	Brian Hunt	M50	30	52:06:00

Men's Seniors: 10th Men's Vets: 8th

Grim 8M Challenge 15th January

Pos.	Name	Cat	Cat Position	Time
1716	Jenny Barnett	F60		01:52:45
1717	Meg Brooks	F40		01:52:45

Black Park 5K 15th January

Pos.	Name	Cat	Cat Position	Time
7	Vince Ellerby	M45		19:43

Herts County Cross Country Champs 12K 9th January

GVH 'A' : 6th

GVH 'B' : 10th

Pos.	Name	Time
22	Guy Woollett	45:32:00
25	Steve Boyd	46:20:00
29	Bill Brimacombe	46:52:00
52	Jon Roberts	50:12:00

55	Vince Ellerby	50:46:00
60	Tom North	51:35:00
63	Johnny Broom	52:01:00
73	Steve Newing	56:00:00
79	Mark Bird	56:33:00
83	Martin Storrie	57:59:00
86	Neil Parkins	58:38:00
92	Andy Newing	60:48:00

Black Park 5K 8th January

Pos.	Name	Cat	Cat Position	Time
4	Vince Ellerby	M45		20:00
5	Johnny Broom	M40		20:01 pb

Regents Park 10K 2nd January

Pos.	Name	Cat	Cat Position	Time
27	Johnny Broom	M40	14	40:28 pb

Tadworth 10M (road/trail) 2nd January

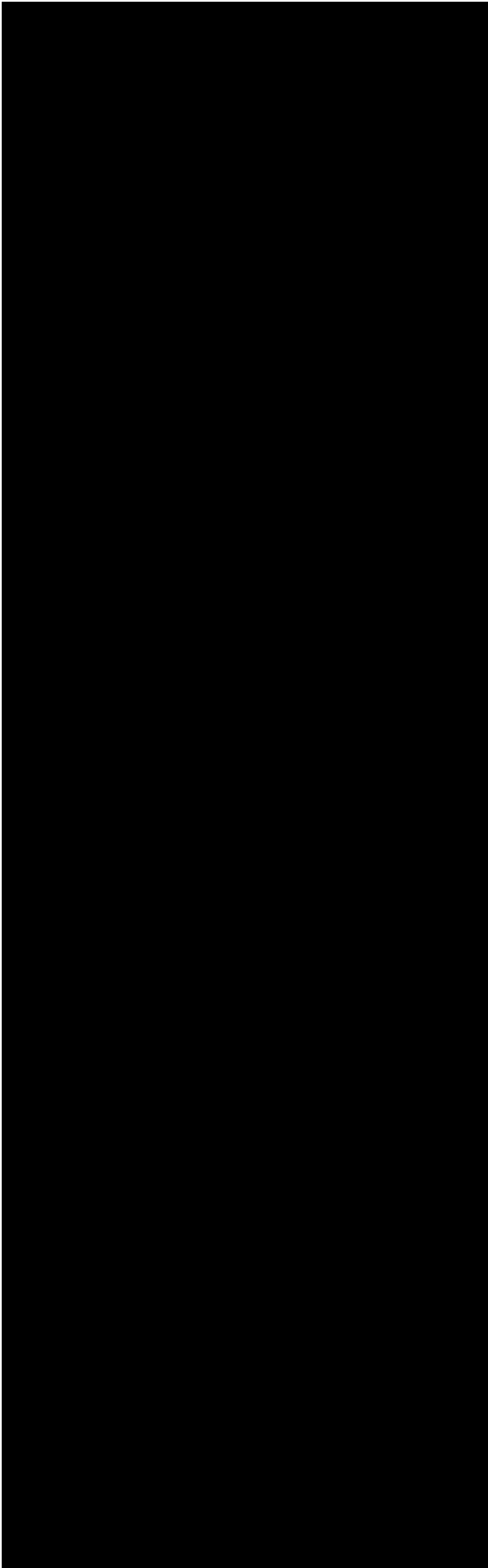
Pos.	Name	Cat	Cat Position	Time
106	Vicky Crawley	F	8	01:14:03
130	Steve Newing	M	56	01:16:01
136	Teresa English	F35	9	01:16:26
138	Claire McDonnell	F40	6	01:16:41
227	Mark Bird	M	86	01:22:10
324	Andy Newing	M40	101	01:27:39

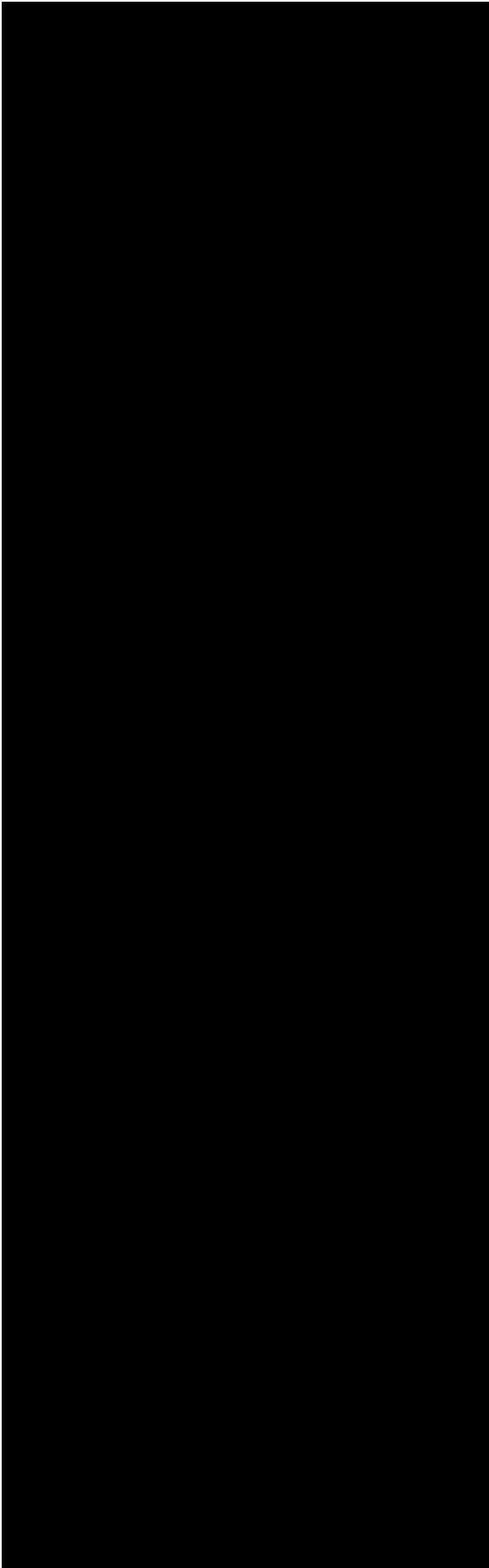
Bushy Park 5K 1st January

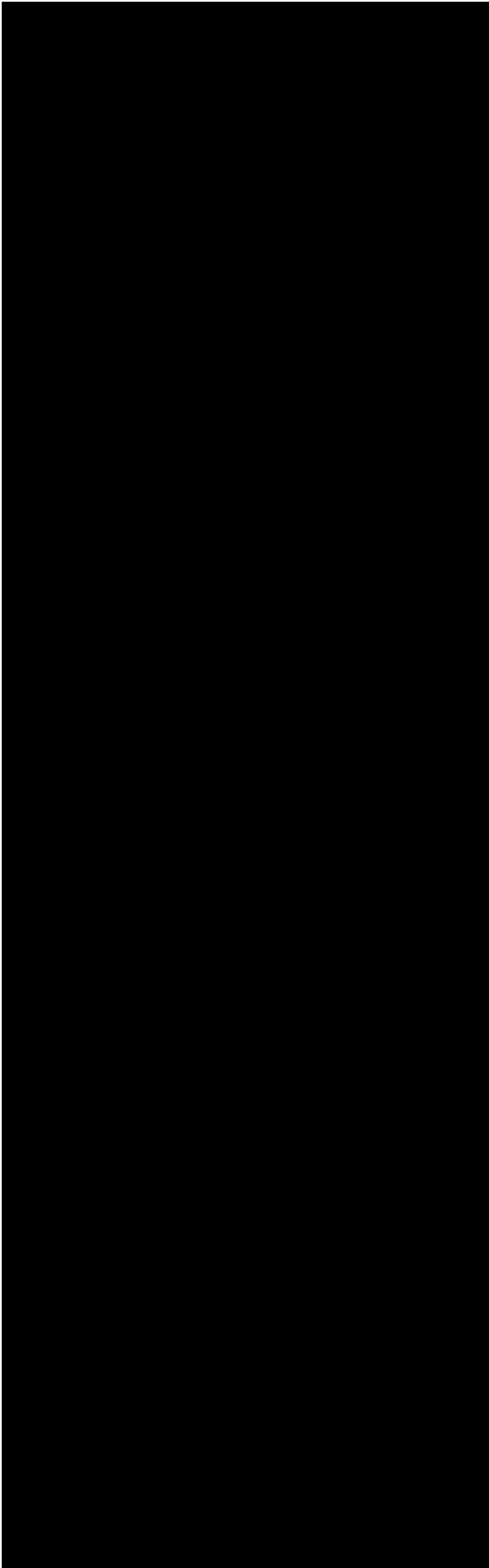
Pos.	Name	Cat	Cat Position	Time
45	Steve Boyd	M40		20:37

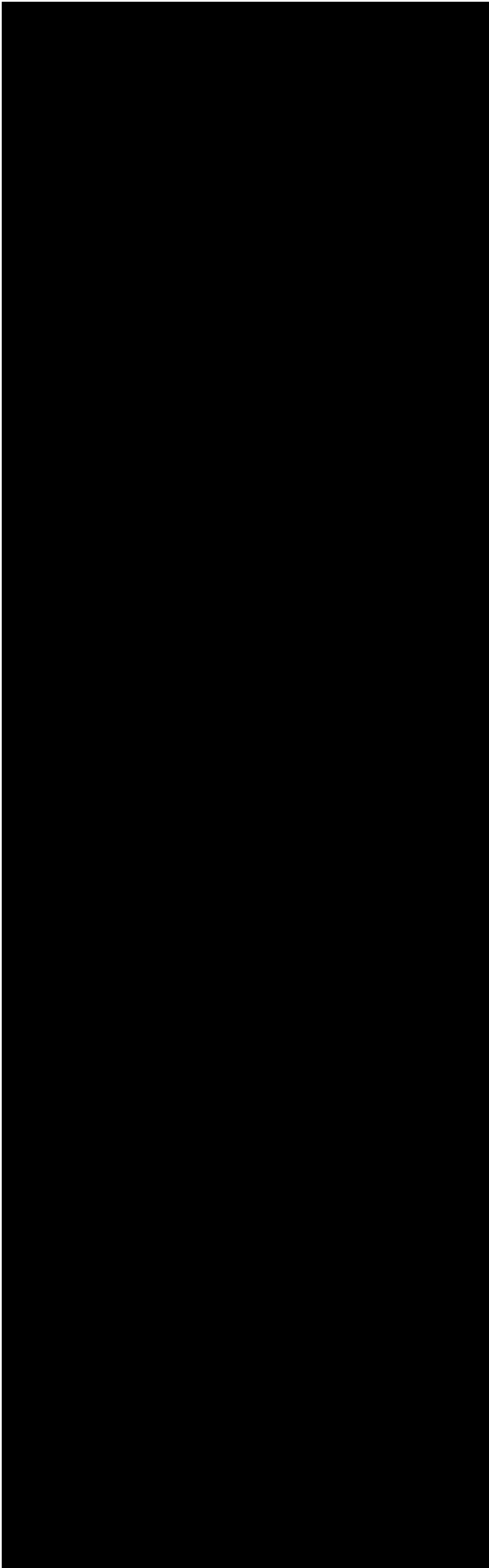
Black Park 5K 1st January

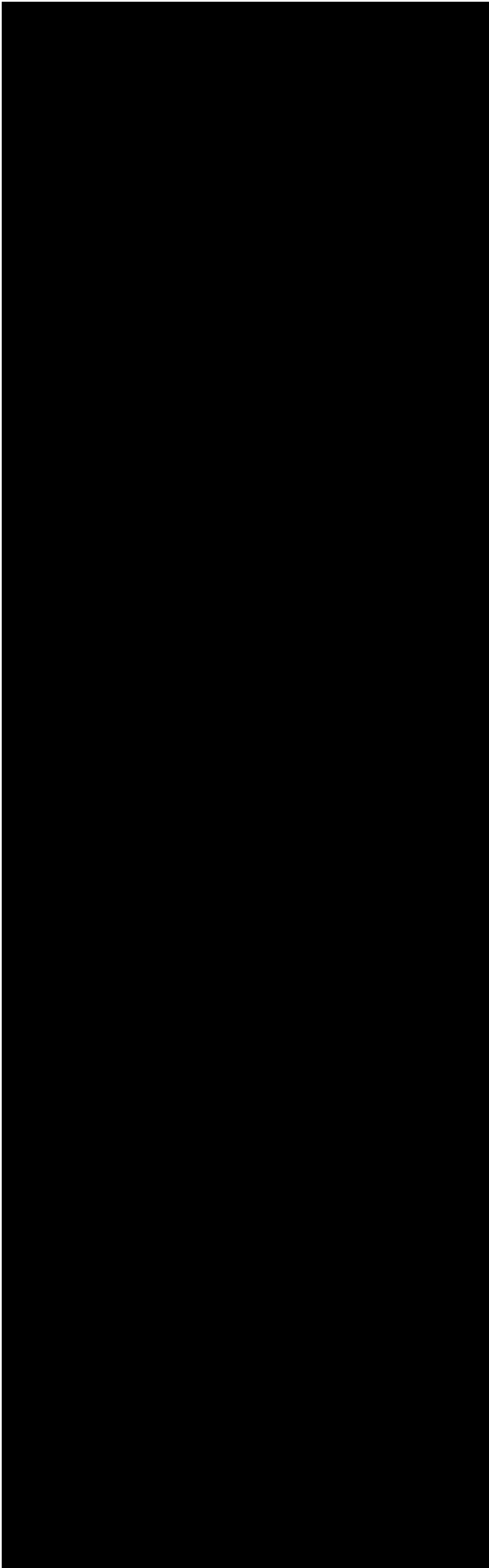
Pos.	Name	Cat	Cat Position	Time
3	Guy Woollett	M40		18:26
6	Vince Ellerby	M45		19:46

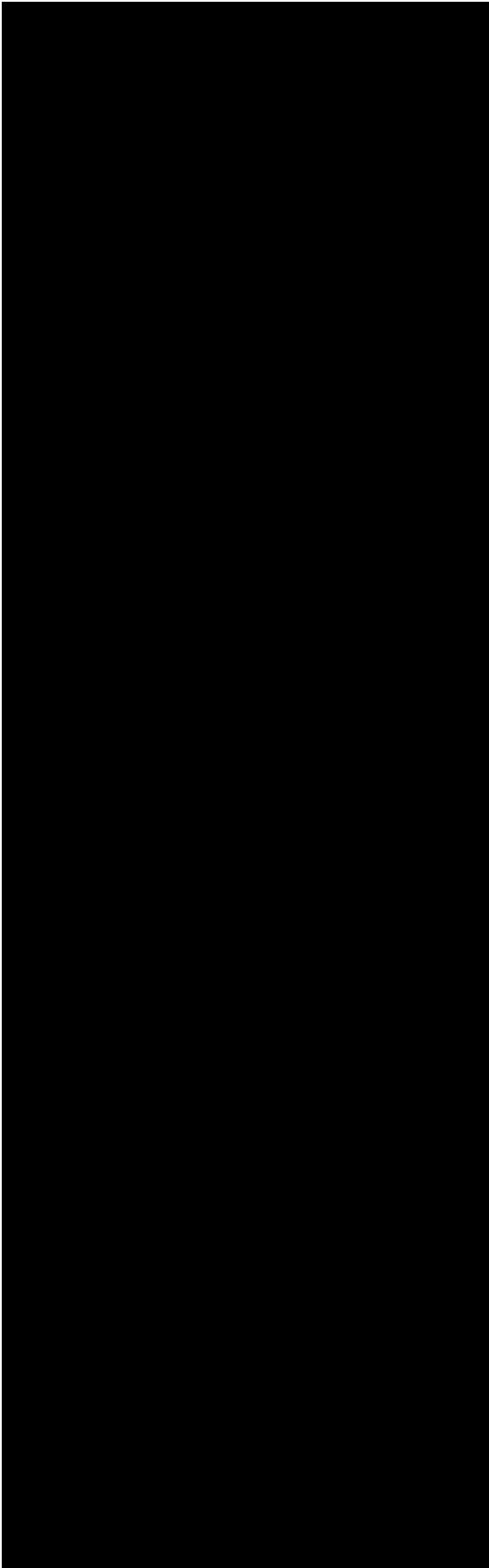


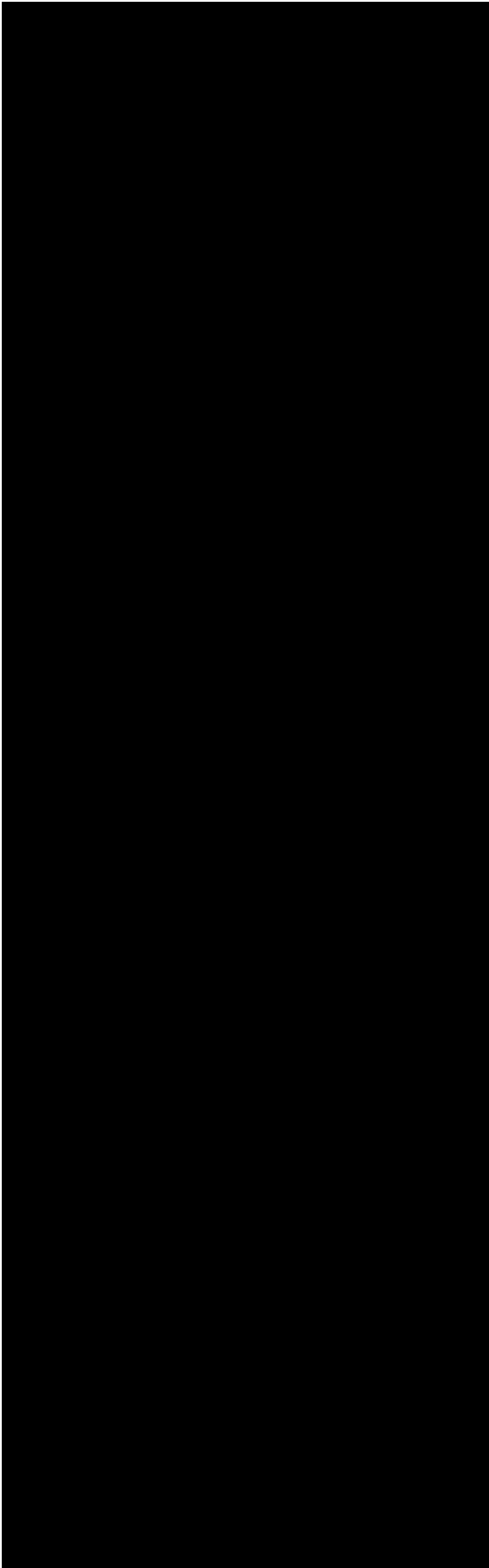




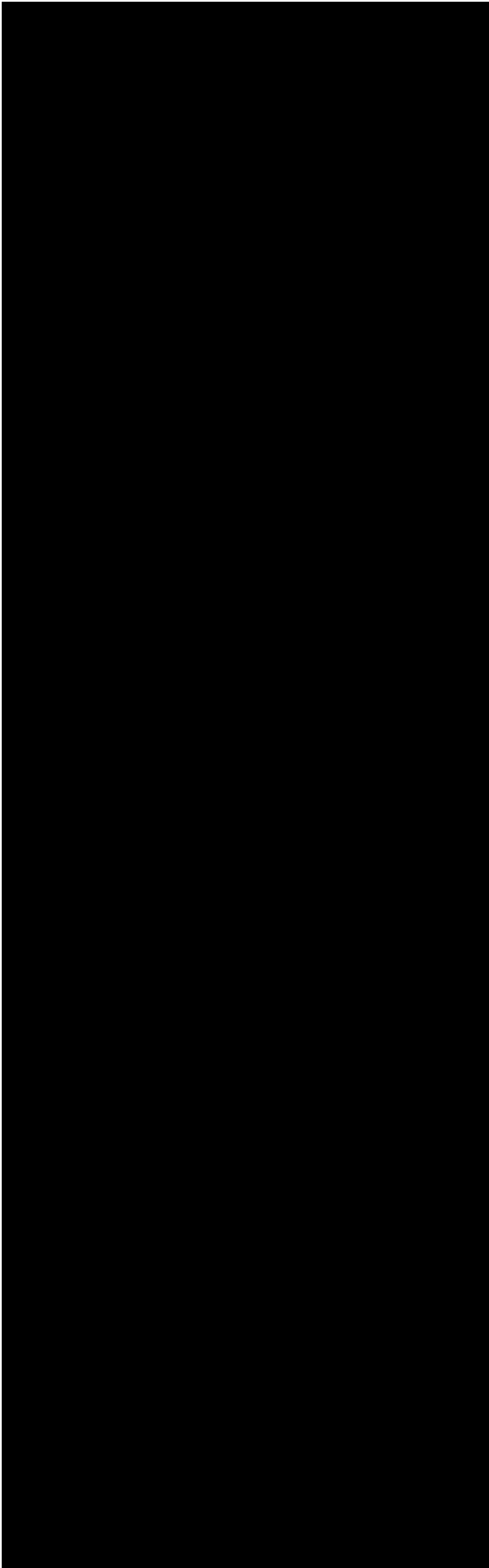






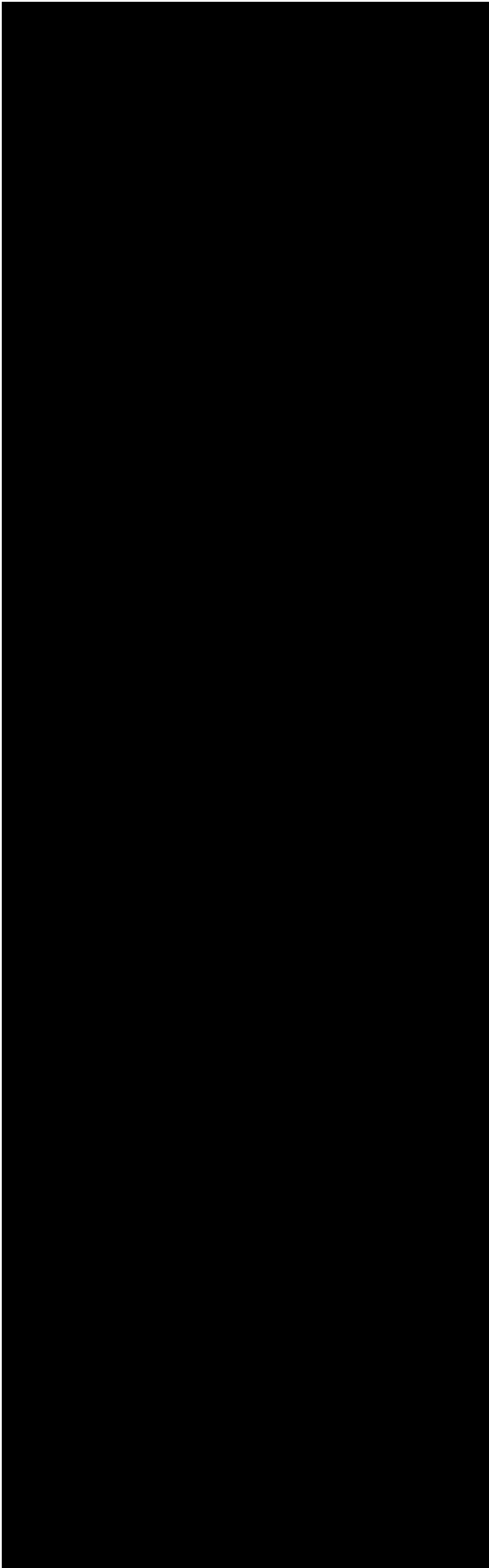


T1	24K Bike	T2	5K Run
01:15	51:33:00	01:21	22:10
01:54	54:02:00	01:08	23:02
01:19	58:56:00	00:48	22:52



T1	19.8K Bike	T2	5.4K Run
04:55	46:38:00	03:04	23:35

T1	40K Bike	T2	10K Run
01:41	01:48:40	00:55	52:02:00

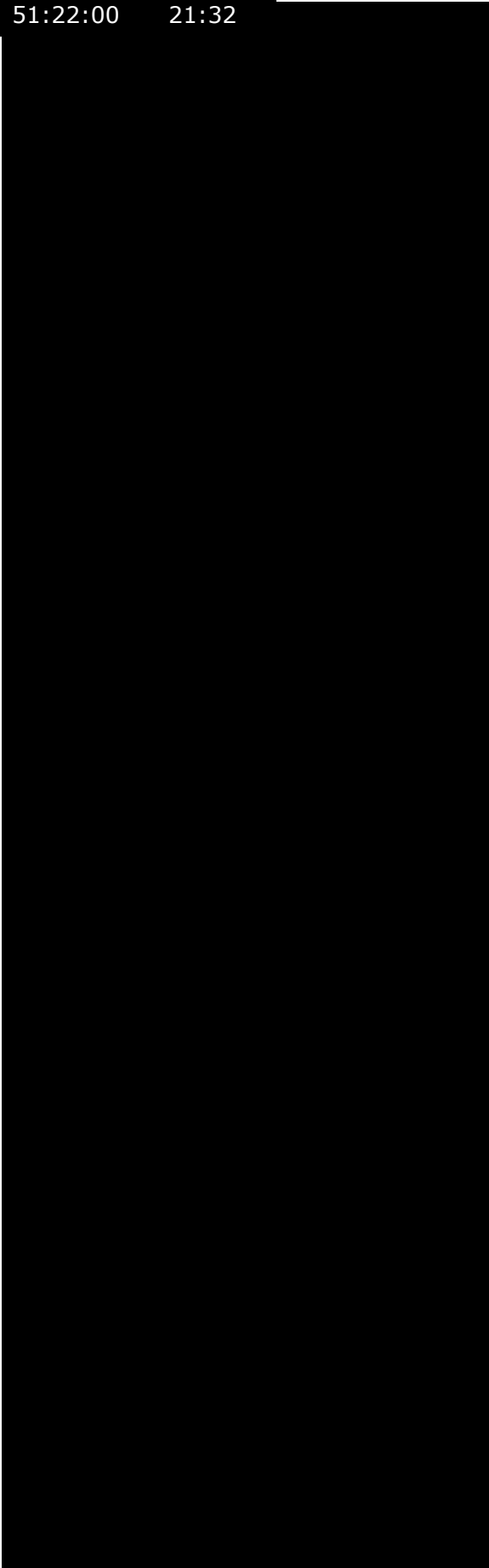


11M	2.5M
Bike	Run
32:33:00	15:43
32:30:00	17:06
33:09:00	18:26

24K Bike 5K Run

51:22:00

21:32



5M Run
39:50:00

24K Bike 5K Run
51:03:00 21:15